# Learning Activities

1. Find a partner and take turns guiding and being guided using the guide technique explained in this chapter. Use of a blindfold by the person being guided is helpful in gaining respect for the experiences of students who are blind. Discuss the experience of being guided and share observations with your practice partner.
2. Occlude your vision and practice familiarizing yourself with a room you have not visited before. It is best to have a partner observe you and ensure your safety while you learn new O&M skills under blindfold.
3. Occlude your vision and drop items (e.g., coins, car keys) in a safe environment. Use the search techniques described in this chapter to locate the dropped items. Try out different search patterns to see which one you like best. It is best to have a partner observe you and ensure your safety while you learn new O&M skills under blindfold.